

Pathways Community Health at Cedar Ridge Treatment Center provides substance abuse rehabilitation with a focus on mental health, co-occurring treatment and substance abuse treatment.



We provide outpatient and residential treatment. Special groups and programs are available for persons with co-occurring mental and substance abuse disorders, men and women, DUI and DWI offenders, and criminal justice groups.

**Plans are underway for a modified medical detox program to be provided at Cedar Ridge in the near future.*

Payment Options

We accept Medicaid, HMO's and other private insurance policies. Charges for services at Cedar Ridge may be based on the client's income through our sliding fee scale program through the Department of Mental Health.

Cedar Ridge Treatment Center

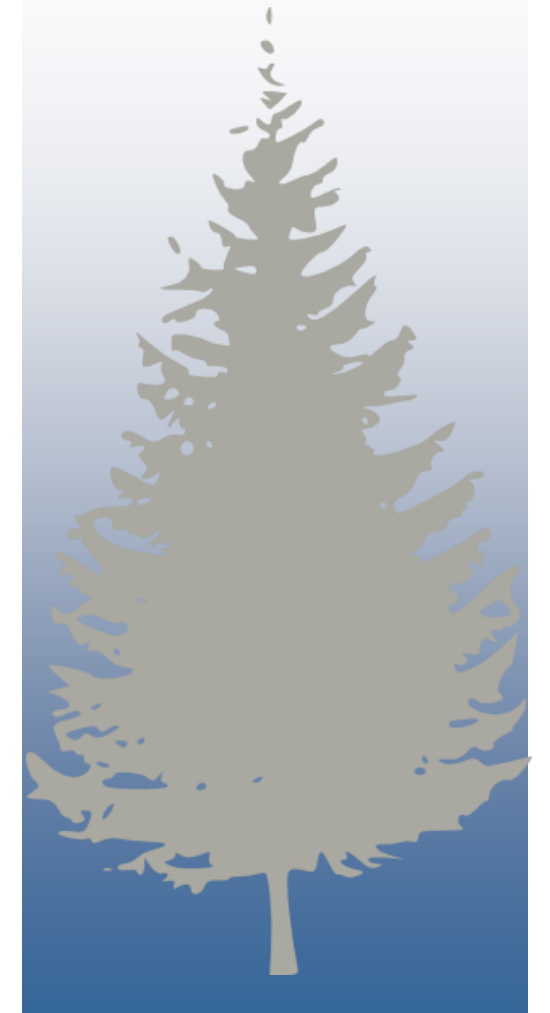
1091 Midway Drive
Linn Creek, MO 65052

573.346.6758

573.346.0621 (fax)



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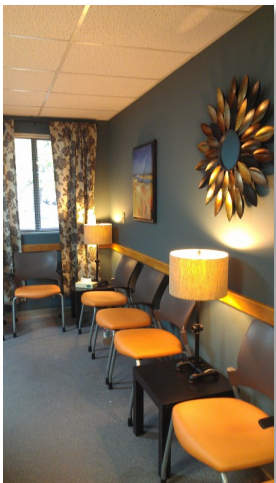
Cedar Ridge is a comprehensive treatment program specializing in co-occurring services for chemically dependent men and women. Our co-occurring services are designed to assist individuals living with a chronic or severe mental illness and substance abuse addiction to manage their diseases and to develop a healthy approach to life. We strive to provide the highest quality of care.

Cedar Ridge Treatment Center offers the following services:

- Individualized Assessment and Treatment Planning
- Individual Therapy
- Group Counseling
- Psycho Education Groups
- Nursing
- Psychiatry Services and Medication Management
- Medicated Assisted Treatment

Residential Treatment

Men and women in need of continuous intervention to address their addiction can reside



in Cedar Ridge's structured living environment while attending a wide range of classes (relapse prevention, relationships, co-occurring, etc.), twelve step meetings and group therapy. Community support services are provided to assist with housing, education, and employment. Nursing services are provided to those with medical and/or mental health needs.

Residential Co-Occurring Treatment/IRTS

This is a comprehensive program designed for individuals living with both a mental illness and a substance abuse addiction. As part of this program, in addition to the other services provided at Cedar Ridge, the client will receive psychiatry and nursing services as well as comprehensive community support services. This tract is designed to assist clients in:

- Understanding his or her mental health diagnosis and how it relates to substance abuse addiction.
- Understanding the important role of medication in maintaining psychiatric stability
- Learning how to incorporate drug and alcohol recovery principles into daily living.
- Developing necessary tools for healthy, independent living including self-care, nutrition, cooking, money management and leisure time management.

Day Treatment

Men and Women may participate in daily therapeutic activities that allow them to obtain the coping skills needed to begin recovery while residing in a safe environment in the community. Day treatment clients attend daily classes while receiving nursing, community support and individual, group therapy.

Intensive Outpatient

Women and men who need less structure in recovery can participate in Cedar Ridge's day or evening program up to 19 hours per week. Services include individual and group therapy, community support and educational classes that focus on relapse prevention. Nursing and psychiatrist services available as needed.

Aftercare/Outpatient Program

Women and men who have successfully completed more intensive treatment or who require less support in recovery may attend Cedar Ridge's aftercare program. Services include individual and group therapy as well as community support. Nursing and psychiatry services are available as needed.

SATOP

Individuals who receive an alcohol or drug-related traffic offense are required by law to attend a Substance Abuse Traffic Offender Program (SATOP). We are a Department of Mental Health Certified SATOP provider.

EIP- Early Intervention Program

Clients who are assessed as low to moderate substance use risk will be referred to one of the three SELF PAY Early Intervention Programs:

- Brief Intervention—Level 1 (4 week individual based program)
- Alcohol and Drug Awareness—Level 2 (5 week group based program)
- Choices Program—Level 3 (8 week combination of group and individual based program)