

Being a teenager is often a confusing, challenging time, sometimes making teens susceptible to destructive patterns of drug or alcohol use.

Your child possesses unique characteristics and struggles with particular issues that should be explored and examined by only the most caring and knowledgeable treatment practitioners.

Our experienced professionals offer individualized care focused on physical health, emotional health, social health, family health, spiritual health and educational needs.



Dear Teen,

We are here to help you achieve your goals and overcome the difficulties many teenagers face today. We will support you and your family throughout the treatment process and give you the skills and tools you need for a successful recovery and a hopeful future.

1-888-403-1071



pathwaysonline.org
fccmo.org

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Adolescent Treatment Program



We believe in providing a superior treatment program that:

- Utilizes the **8 Dimensions of Wellness**
- Focuses on the special needs of adolescents
- recognizes each individual's needs
- engages the family
- is client driven
- challenges the youth to achieve success in family relationships, academic performance, decision making, communication, and recovery maintenance.

NAVIG8

Adolescent Treatment Program

... guiding you through the 8 Dimensions of Wellness



Our program serves adolescents and families whose lives have been impacted by the use of alcohol and/or other substances. The program serves adolescents from ages 12 through 17 and is structured to meet the specific needs of the adolescent client and his or her family.

Services include:

- Comprehensive assessment
- Individual counseling
- Family counseling/family groups
- Group education/group counseling
- Case management
- Community support
- Trauma counseling
- Co-occurring counseling
- Psychiatry as needed

We utilize a treatment team approach comprised of professionals from all degrees, licensures and certifications. The treatment team incorporates all significant community members that are invested in each adolescent's success.

Program strengths:

- Strong emphasis on family involvement
- Nonjudgmental approach focused on individualized strengths
- Full continuum of care from residential to outpatient services
- Evidence-based practice
- Empowering individuals to direct their own treatment
- Connection to community resources
- Emphasis on relapse prevention
- Focus on treating individuals not diagnosis
- Community-based approach that involves bringing services to the family

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