

CHILDCARE

Truman Lake allows women to bring their children (under the age of 12) to stay with them while in treatment. The center will assist the mother with accessing daycare and enrolling their child(ren) in school.

WHAT TO EXPECT

Our intake process includes assessment and identification of needs for women and their child(ren) coming to treatment. Referrals and treatment will be provided for both.



Truman Lake Women and Children's Center was developed in 2020 to meet the ever-growing and unique needs of women who are experiencing substance use disorders. Our program director, counselor/therapists, nurse, integrated health specialists and direct care staff assist women and their child(ren) in accessing quality services to meet their needs.



To make a referral or schedule an intake for residential services, contact

844-853-8937

TRUMAN LAKE WOMEN
& CHILDREN CENTER
1800 COMMUNITY DRIVE
CLINTON, MO 64735



Truman Lake
Women and
Children Center



Our center specializes in working with women who are experiencing substance use disorders and are 18 or older. Programming focuses on the unique needs of pregnant women and women with or without children. Women who utilize our residential center can expect to receive an array of services including:

- *Substance use treatment*
- *Focus on prenatal care to include a referral to an ob/gyn*
- *Neonatal abstinence syndrome*
- *Parenting classes*
- *Post-partum symptoms*
- *Trauma focused care and safety planning*
- *Co-occurring disorders*
- *Individual and family therapy*
- *Medication Assisted Treatment*

What is unique about the Truman Lake Women and Children's Center is that in addition to the women receiving services in our facility, the child(ren) and the family are involved in treatment services. Our intake process includes assessment and identification of needs for women and their child(ren) who are in treatment. In addition to services being provided on site, our staff will coordinate access to primary care physicians, dental, referral to prenatal care, WIC, educational needs, immunizations and other community resources.

A component of the assessment includes meeting with the residential nurse to assist women and their child(ren) with medical needs. Our center has the ability to refer consumers for same day access to primary care and emergency dental care which are located on the same campus as our treatment services.

Our Center strives to assist women in receiving prenatal care which will include classes on reducing/eliminating use while pregnant, education regarding neonatal abstinence syndrome and seeking care with a physician during pregnancy. We have a working relationship with providers to begin prenatal care and will provide direct referrals to a physician in their community after they leave treatment. After birth, treatment will include education on how to care for a newborn, well baby checks, self-care for our mothers and child development. Our staff is trained in how to identify issues with post-partum depression and emotional changes associated with childbirth.

TREATMENT SERVICES

Our staff will work with the person where they are at to motivate, encourage and empower them to make positive changes in their lives. We will do this by offering individual counseling, educational classes, group therapy and community support services to address all aspects of the person served. Other treatment modalities will include parenting classes, 123 Magic, family therapy, and family groups in order to strive to promote building and improving family relationships.

MEDICATION ASSISTED TREATMENT

MAT is clinically driven with a focus on individualized patient care. It assists individuals with recovery without having to experience the intense withdrawal symptoms and drug cravings that make it so difficult for so many to quit. MAT is offered for opioids, alcohol and nicotine use.

TRAUMA FOCUSED CARE

Individuals can expect to receive therapy that addresses trauma issues. Group therapy and education will be provided on personal safety, healthy relationships, setting boundaries, managing triggers, identifying personal distress and control and developing a personal care plan.

CO-OCCURRING DISORDERS

Therapeutic programming will be offered to individuals experiencing mental health and substance use disorders. We can provide access to psychiatry services for the evaluation and treatment of mental health symptoms.