

 INSPIRE HOPE. PROMOTE WELLNESS.

We specialize in treating women whom are living with a substance abuse disorder, including those who may be pregnant or parenting, to develop a healthy approach to life



McCambridge Center is a women and children's treatment provider operating since 1978. The center is named after Academy Award winning actress, Mercedes McCambridge, who was a recovering alcoholic and spokeswoman supportive of substance use disorder treatment.

Our nurses, therapists, and community support specialists assist pregnant clients in accessing quality prenatal obstetrical care and will help prepare them for the upcoming birth of their children through connection with community resources and support systems. While in treatment, they will learn to manage their substance use disorder and how to best care for their health and the health of their unborn child through nutrition, parenting classes and education regarding prenatal care.



McCAMBRIDGE CENTER  
201 NORTH GARTH  
COLUMBIA, MO 65203  
573.449.3953



# McCambridge Center

WOMEN AND CHILDREN'S  
TREATMENT CENTER







McCambridge welcomes women ages 18 and older who are living with a substance abuse disorder; offering an array of comprehensive services on a residential and outpatient basis, including:

- An RN on staff to assist with a gender specific need, including pregnancy.
- Parenting classes
- Family/child-centered services
- Medically Assisted Treatment

*"McCambridge taught me how to structure my life and to create efficient routines instead of the chaos in which I lived. I would not have come so far and transformed into the woman I am today without McCambridge. Life is good, I have been set free. You can experience freedom too!" - Diane L.*



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## CHILDCARE

McCambridge Center allows women to bring their children (under the age of 12) to stay with them while in treatment. We assist clients with arrangements for school and daycare.

## HEALTHCARE

McCambridge Center has a full time nurse to assist clients with medical needs. We assist clients in addressing mental health needs by offering educational classes, therapy and psychiatry services. Medically Assisted Treatment is also available.

## THERAPY/TREATMENT

We offer educational classes, group therapy, individual therapy, community support/case management to address all aspects of an individual's participation of family supports in the treatment/recovery process.



Compass Health  
Network

573.449.3953

[compasshealthnetwork.org](http://compasshealthnetwork.org)

## MEDICALLY ASSISTED TREATMENT

Medically Assisted Treatment (MAT) is the use of medications, combined with counseling, groups and behavioral therapies to provide a whole patient approach to treating substance use disorders. These MAT programs are designed for medically supervised withdrawal from heroin and other opiate drugs and alcohol dependence with drugs such as Buprenorphine (Suboxone/Subutex), disulfiram, Vivitrol and acamprosate.

## BENEFITS

*What are the specific benefits of MAT?*

With a comprehensive treatment program, MAT has shown to increase treatment retention, improved birth outcomes among perinatal addicts, provide additional support to pregnant women, decrease illicit opiate use, hepatitis and HIV and criminal activities.

As recovery progresses, you may choose to remain on medication for an extended period or you may decide to be weaned from MAT.

