



The NAVIG8 offers a comprehensive array of programming – providing holistic, family strengthening and support-focused 60-day residential treatment program.

Using the Family Support Network (FSN) model, the NAVIG8 program is based on the premise that the primary responsibility for the development and well-being of children lies with the support system and emphasizes the role of society in supporting caregivers in raising children.

The NAVIG8 Adolescent Treatment Program offers a safe space for adolescents and their caregivers, and provides various levels of Substance Use Disorder Outpatient Adolescent Services Monday through Friday.



1448 E. 10TH STREET
ROLLA, MO 65401
COMPASSHEALTHNETWORK.ORG
844.853.8937



NAVIG8 Adolescent Treatment Center

SOUTHERN REGION



NAVIG8 PROGRAM INCORPORATES . . .

- A focus on community by strengthening relationships between caregivers and staff, partnerships with community organizations for more effective collaborative care (including resource acquisition and referrals), and improving outcomes for teens and within the family system.
- Integration of culture with focus on responsiveness to all support system compositions; regardless of race, culture, home language, sexual orientation, and identity. Our vision includes partnering effectively and respectfully with families and caregivers.
- Comprehensive wraparound services using strategies and interventions to build the five protective factors through small but significant changes in program practice by strengthening:
 1. Parental resilience
 2. Social connections
 3. Concrete support in times of need
 4. Knowledge of parenting and child development
 5. Social and emotional competence of teens.

NAVIG8 CURRICULUM

Using the Seeking Safety curriculum, individualized intensive outpatient and supported recovery services will be provided for a minimum of 3-6 months. NAVIG8 services offered will include, but are not limited to:

- Intensive in-home and school-based services.
- Individual/ family healing and recovery utilizing various evidence-based approaches (e.g., Motivational Interviewing (MI); Motivational Enhancement Therapy (MET); Cognitive Behavioral Therapy (CBT); Dialectical Behavioral Therapy (DBT); life skills; experiential, self-awareness and mindfulness-based activities; trauma-focused therapy; interest expanding; mutual support groups; educational groups; and more).
- Continuing care planning from day one using Assertive Continuing Care (ACC).

