

Specialized Services Information

Our centers specialize in serving women – ages 18 and older - who are experiencing substance use disorder and/or co-occurring conditions. Programming focuses on the unique needs of pregnant women and women with or without children. Women who participate in our programs can expect to receive an array of services including:

PROGRAM/SERVICE	MCC	TLC
Individual & Group Counseling	X	X
Trauma-informed Care and Safety Planning	X	X
Co-occurring /Postpartum Conditions	X	X
Family Therapy & Programming	X	X
Group Education	X	X
Parenting Classes	X	X
Neonatal Abstinence Syndrome Education	X	X
Medication Management	X	X
Dental Care Access	X	X
Primary Care Access	X	X
Prenatal Care/including referral to an OBGYN	X	X
SUD Outpatient (up to 9 hrs./week)	X	
SUD Intensive Outpatient (10-19 hrs./week)	X	
SUD Residential	X	X

Contact Information

Referrals can be sent directly to:
 SUDadult@compasshn.org
 844-853-8937



McCambridge Center (MCC)
 200 Portland Street
 Columbia, Missouri 65201



Truman Lake Center (TLC)
 109 Wesmor Street
 Clinton, Missouri 64735



Women and Children

For Information or to make an appointment, please call:

844.853.8937
compasshealthnetwork.org

TREATMENT CENTERS FOR
 WOMEN AND THEIR CHILDREN





Compass Health Network offers specialized programming and services for women and children; offering services at two locations, including: McCambridge Center (Columbia, Missouri) and Truman Lake Women and Children's Center (Clinton, Missouri).

Through the comprehensive array of services offered at both locations, our clients learn skills to manage their substance use disorder more effectively and how to best care for themselves and their family's health and wellbeing across the lifespan. Our centers individualize treatment based on the identified needs of persons served.

Clients receive services with a dedicated and compassionate treatment team including:

- Medication Management Provider
- Nurse
- Therapist
- Community Support Specialist
- Peer Support Specialist
- Direct Support Professionals

Our intake process includes assessment and identification of needs for women (including but not limited to those who may be pregnant or parenting) and their child(ren) who are in treatment.

Medication Management

According to SAMHSA, medication management is the use of medications, in combination with counseling and behavioral therapies, to provide a "whole patient" approach to the treatment of substance use disorders. Medications are tailored to meet individual needs; clients can receive access to services to help "break the cycle" of use and establish abstinence.

Research shows that a combination of medications and therapy can successfully treat substance use disorders and

- help to normalize brain chemistry
- block the euphoric effects of alcohol and opioids
- relieve cravings
- normalize body functions
- prevent or reduce opioid overdose. (SAMHSA)

Childcare

McCambridge Center and Truman Lake Center allow women to bring their children (12 and under) to stay with them while in treatment. We assist clients with arrangements for school and daycare.

Trauma-informed Care

Trauma-informed care acknowledges the need to understand a patient's life experiences to deliver effective care and can improve patient engagement, treatment adherence, health outcomes, and provider and staff wellness. Individuals can expect to receive therapy that addresses trauma issues. Group therapy and education will be provided on personal safety, healthy relationships, setting boundaries, managing trauma stressors, identifying personal strengths and developing a personal care plan.

Therapy/Co-occurring Disorder

It is common for individuals dealing with substance use disorders to experience co-occurring symptoms such as depression and anxiety. We offer a comprehensive array of services and therapeutic programming to address mental health and substance use disorders. Psychiatry services are available for the evaluation and treatment of mental health symptoms.

Transition Plan

A transition plan will be developed to support ongoing recovery and treatment needs on an outpatient basis. Staff will assist in providing referral information for outside agencies as appropriate.